

# Extra Curricular

Extra-curricular activities are a strength of the school. We publicise opportunities we offer through assemblies, notice boards, our in-house plasma screens, the fortnightly newsletter and ParentMail. We challenge our students to take as many opportunities each year as they can and we celebrate their involvement and achievement in a number of ways, including through the 'Triple A' Award. For the latest lists of sports activities and clubs please see the downloadable documents at the end of this page.

A large number of students participate in extra-curricular sporting activities which involve highly competitive team selection sports but also 'sport for all' based clubs. Representation by individuals and teams at district, county, national and international is a constant feature of the school.

Almost half of our students take instrumental lessons. The girls enthusiastically commit time and effort to choirs, orchestras, ensembles and other groups. Some have appeared on radio and television and there are many opportunities for girls of every level of ability to take part in our concerts.

Drama is also popular in the school. Performances are held regularly and our plays and musicals provide scope for the development of countless skills. Theatre visits are also well attended.

Our Art department, as well as running a number of extra-curricular clubs for different age-groups, is also very active in giving students a wide variety of experiences including workshops with local artists, art competitions, participation in the Gloucestershire Young Photographer Award, visits to exhibitions and talks from both ex-students and local artists.

We also offer a wide range of clubs, experiences and activities to all students.

There is a structured programme of visits and exchanges to France, Germany and Spain and other recent visits have included, the European Parliament in Strasbourg and recent trips include visits to Venice, France for watersports and skiing, and India. Each year departments plan visits to enrich the curriculum and provide opportunities to broaden study on our four Curriculum Enrichment Days.

Girls are frequently successful in competitions such as Investment Challenge, Young Consumer of the Year, public speaking and debating, UK Mathematics Challenge and poetry and essay writing competitions. We constantly seek to develop and stimulate our students and give them opportunities to reach their personal best.

## [Shine On Stage](#)

Are a private organisation that provide performing arts tuition at weekends using Stroud High School premises.  
Click on the link above to access their website.